

**DISTRICT XI TRACK AND FIELD MEET
WEDNESDAY, MAY 13, 2009**

EVENT	CLASS	TIME
TRACK EVENTS – PRELIMINARIES, FINALS		
3200 METER RELAY	AA GIRLS, AAA GIRLS	3:00 PM
3200 METER RELAY	AA BOYS, AAA BOYS	3:30 PM
100 METER HURDLES	AA GIRLS, AAA GIRLS	4:00 PM
110 METER HURDLES	AA BOYS, AAA BOYS	4:30 PM
100 METER DASH	AA GIRLS, AAA GIRLS	5:00 PM
100 METER DASH	AA BOYS, AAA BOYS	5:20 PM
200 METER DASH	AA GIRLS, AAA GIRLS	6:00 PM
200 METER DASH	AA BOYS, AAA BOYS	6:15 PM
300 METER HURDLES	AA GIRLS, AAA GIRLS	6:30 PM
300 METER HURDLES	AA BOYS, AAA BOYS	6:45 PM
3200 METER RUN	AA GIRLS, AAA GIRLS	7:00 PM
3200 METER RUN	AA BOYS, AAA BOYS	7:30 PM

FIELD EVENTS – PRELIMINARIES, FINALS

LONG JUMP	AA / AAA GIRLS	3:00 PM
DISCUS	AA GIRLS	3:00 PM
JAVELIN	AAA BOYS	3:00 PM
HIGH JUMP	AA BOYS	3:00 PM
POLE VAULT	AA BOYS	3:00 PM
SHOT PUT	AAA BOYS	4:30 PM
JAVELIN	AAA GIRLS	5:00 PM
DISCUS	AA BOYS	5:00 PM
HIGH JUMP	AAA BOYS	5:30PM
POLE VAULT	AA GIRLS	6:00 PM
TRIPLE LUMP	AA / AAA BOYS	6:00 PM
SHOT PUT	AA GIRLS	6:30 PM

**DISTRICT XI TRACK AND FIELD MEET
THURSDAY, MAY 14, 2009**

EVENT	CLASS	TIME
TRACK EVENTS – PRELIMINARIES, FINALS		
100 METER HURDLES	AA GIRLS, AAA GIRLS FINALS	3:00 PM
110 METER HURDLES	AA BOYS, AAA BOYS FINALS	3:10 PM
100 METER DASH	AA GIRLS, AAA GIRLS FINALS	3:20 PM
100 METER DASH	AA BOYS, AAA BOYS FINALS	3:30 PM
1600 METER RUN	AA GIRLS, AAA GIRLS FINALS	3:45 PM
1600 METER RUN	AA BOYS, AAA BOYS FINALS	4:00 PM
400 METER RUN	AA GIRLS, AAA GIRLS FINALS	4:20 PM
400 METER RUN	AA BOYS, AAA BOYS FINALS	4:40 PM
400 METER RELAY	AA GIRLS, AAA GIRLS FINALS	5:45 PM
400 METER RELAY	AA BOYS, AAA BOYS FINALS	6:05 PM
800 METER RUN	AA GIRLS, AAA GIRLS FINALS	6:30 PM
800 METER RUN	AA BOYS, AAA BOYS FINALS	7:00 PM
200 METER DASH	AA GIRLS, AAA GIRLS FINALS	7:20 PM
200 METER DASH	AA BOYS, AAA BOYS FINALS	7:30 PM
1600 METER RELAY	AA GIRLS, AAA GIRLS FINALS	7:45 PM
1600 METER RELAY	AA BOYS, AAA BOYS FINALS	8:15 PM
FIELD EVENTS		
DISCUS	AAA GIRLS	3:00 PM
JAVELIN	AA BOYS	3:00 PM
POLE VAULT	AAA BOYS	3:00 PM
LONG JUM	AA / AAA BOYS	3:00 PM
HIGH JUMP	AA GIRLS	3:00 PM
SHOT PUT	AA BOYS	4:30 PM
DISCUS	AAA BOYS	5:00 PM
JAVELIN	AA GIRLS	5:00 PM
POLE VAULT	AAA GIRLS	5:00 PM
HIGH JUMP	AAA GIRLS	5:30 PM
TRIPLE JUMP	AA / AAA GIRLS	6:00 PM
SHOT PUT	AAA GIRLS	6:30 PM