



8TH ANNUAL TAMAQUA BLUE RAIDER INVITATIONAL

Friday, April 13th, 2018

(Rain Date Saturday, April 14, 2018 9:00 am start time)

Friday Start Times:

Field Events 3:30 pm

Running Events 3:45 pm

Facility Information: Tamaqua School District 8 lane synthetic Track surface

Teams: The Blue Raider Invitational allows approximately **15 male teams and 15 female teams** represented.

- Throwing/Jumping Events, Long jump and Triple jump. These events will consist of each competitor receiving four throws or jumps. The first two will be measured. Places will be determined by those four throws/jumps. There will be no finals. Starting height for the high jump is 4'2" for females and 5'2" for males.
- For sprinting events (high hurdles, 100, 200), the top runner from each heat will advance to the finals, then the next fastest times depending on the number of trials. A box alley start will be used for the 800m, 1600m, 3200m, and the 3200 relay. A three-turn stagger will be used for the 1600 relay. If we feel there are a lot of competitors for the 800m, we may use more than one heat. One heat of 3200 only, coaches may be asked to count laps.
- Field event competitors will sign in at the event. For running events, there will be a paddock area outside the gate near the start line to check in.
- Weigh-ins will begin at 2:30 at the concession stand near the finish line. (Times may change depending on circumstances.)
- Awards: Medals to the 1st, 2nd, and 3rd place finishers and ribbons to the 4th, 5th and 6th place finishers in each event...unclaimed awards will be in a packet for the coaches at the end of the meet. First place team plaques will be awarded at the end of the meet.
- Members of the coaching staffs may be asked to help with the flow of the meet.
- Spike Length: ¼", Starting blocks will be provided.
- Concessions will be available for sale during the event
- Restrooms are available, locker rooms are not
- Trainer will be available...please bring your own tape, wraps and pre-wrap
- Coaches Meeting – there will be an 2:45 coaches meeting near the starting line
- Contact Person – Athletic Director-Mike Hromyak, Director of Athletics @ Tamaqua, 570-668-1901 x2040 (mhromyak@tamaqua.k12.pa.us)
- Second Contact - Head Coach-Tom Kanger @Cell # 570-294-0713 email tkanger@tamaqua.k12.pa.us
- Tents can be placed on the visitor's side bleachers only. Also not behind the home bleachers because the Javelin throwing area.
- **Entrance Fee:** Make payment payable to: **Tamaqua Area School District** \$250 for Boys and Girls or \$150 for one Team. Individuals may be entered for a \$15 fee. Please send to Attn: Mike Hromyak, Director of Athletics, Tamaqua Area School District, 500 Penn Street, Tamaqua, PA 18252.

Scoring:

- The first six places will score in the meet. The system will be 10-8-6-4-2-1 for all events including relays

Order of Events: See attachment

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Order of Events and Field Events schedule

Throwing Times Approximate Best Flights Last

3:30-5:15 Boys Javelin	5:30-7:30 Girls Javelin
3:30-5:00 Girls Shot	5:30-7:00 Boys Shot Put
3:30-5:00 Boys Discus	5:30-7:00 Girls Discus

Throwing Events:

Rotation #1:

Boys' Javelin, Girls' Shot Put, Boys' Discus

Minimum Throws: Boys Javelin: 120'0" Girls Shot Put: 27'0" Boys Discus: 100'0"

Rotation #2:

Girls' Javelin Boys' Shot Put, Girls' Discus

Minimum Throws: Girls Javelin: 80'0" Boys Shot Put: 37'0" Girls Discus: 80'0"

Jumping Events: (This will be an open pit for Long and Triple Jumps.)

3:30-4:25 Boys Long Jump	7:00-7:55 Girls Triple Jump
4:40-5:35 Boys Triple Jump	3:30-?? Girls High Jump followed by Boys
5:50-6:45 Girls Long Jump	3:30-?? Girls Pole Vault followed by Boys

Minimum Jumps: Boys Long: 18'0" Boy's Triple: 35'0" Girls Long: 14'0" Girls Triple: 29'0"

Starting height for the high jump is 4'2" for females and 5'2" for males.

**All distances for measurements and starting heights may be adjusted depending on entries.*

The competitors must inform the official of their number before jumping. There will be approx. one hour allotted for each jumping slot.

** The times above are tentative. As we would like to get these in before it gets dark.*

If any athlete must leave to do a running event, please sign out with the official and return as soon as his/her event is done.

Running Events schedule

Running 3:45

Girls	100 Meter High Hurdles – Trials
Boys	110 Meter High Hurdles – Trials
G/B	100 Meter Dash – Trials
G/B	3200 Meter Relay – Finals
G/B	200 Meter Dash – Trials
Girls Only	3200 Meter Run Girls– Final*
15 Minute Break	
Girls	100 Meter High Hurdles – Finals
Boys	110 Meter High Hurdles – Finals
G/B	100 Meter Dash – Finals
G/B	1600 Meter Run – Finals
G/B	400 Meter Dash – Finals
G/B	400 Meter Relay – Finals
G/B	300 Intermediate Hurdles – Finals
G/B	800 Meter Run – Finals
G/B	200 Meter Dash – Finals
Boys Only	3200 Meter Run Boys– Final*
G/B	1600 Meter Relay – Finals
G/B	400 Meter Tanker Relays – Final *Not Team Scored